

S SHANNON'S CIRCLE

Where to Meet Singles in **THE SF BAY AREA**



“Where do I meet high-quality singles?”

It is the top question I’m asked by intellectually curious singles.

Chances are if you’re over 30, accomplished, and seeking meaningful connection, you’ve probably asked yourself: “Where are the people like me?”

Meeting new people as we get older gets harder. Your lifestyle has changed from your early 20s. The college quad is a distant memory. Your internship and starter job are years behind you. You want to meet quality people, yet you don’t have a lot of time.



As we get older, our social circles shrink. In our college and first years in our career we are meeting a lot of single people. As we get older, things change. Friends get married, and your social circles shrink. Everyone gets busy with their careers and you don't see your friends as much. Your daily life no longer includes going out to happy hour. This all leads to fewer new singles you are meeting.

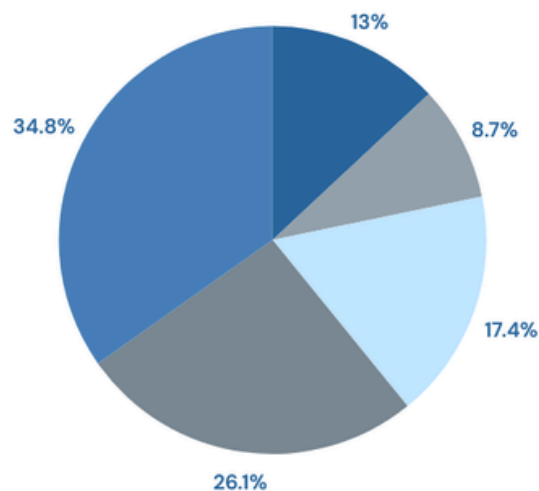
Adopt a Diversified Portfolio Approach to Meeting Singles

In your financial investments, you know the value of a diversified portfolio. You don't have all of your money tied up in one stock. The logic around a diversified portfolio is simple -- by spreading out your investments across a breadth of vehicles you reduce the collective risk. Simply said, you don't put all of your eggs in one basket.

This same strategy applies to expanding your circles. You need to invest in different ways to meet quality singles in the dating world. This guide will give you great ideas so you can mix it up and "diversify".

DATING PORTFOLIO APPROACH

- Dating apps
- Friend Fix-ups
- Social Events
- Matchmaking
- Volunteering





FOR OUTDOORSY TYPES

Getting outside is an effortless way to meet active, positive people – all while doing something good for yourself. It's casual and attracts all types yet you're bound to find some great singles in the mix at these outings and venues.

#1 - JOIN A CYCLING GROUP

Road cycling draws a health-conscious, professional crowd. Find local groups through MeetUp or your own network.

#2 - GO ON AN ORGANIZED HIKE

There are great organized hikes every weekend with various groups and meet-ups.

#3 - STEP ON THE GOLF COURSE

Golf attracts highly-educated professionals. While not all golfers are single, golfers are a friendly bunch. You can join a round as a “single player” and get to know your fellow golfers over a round, and they may even want to introduce you to their single friends. If you don’t know how to golf, start with a group clinic to meet other novice golfers.

According to the National Golf Industry, men represent 77% of golfers - so you can’t beat the ratio if you’re female. Also, take advantage of the 19th hole where you are sure to run into some cute golfers.

#4 - YOGA, SPIN, & PILATES CLASS

Singles love their yoga and pilates classes. Mostly women attend so it’s a great opportunity for men to get attention. You’ll get in a good workout, and make some new friends when you attend a class.

#5 - PICKLEBALL

It’s all the rage, and attracts a good ratio of men and women enthusiasts. With your mutual passion for the game, it’s easy to meet new people on and off the court.





BEST FOR SOCIAL BUTTERFLIES

#6 - TRIVIA NIGHT

Trivia night attracts an inviting pub down-to-earth crowd and trivia nerds. You can easily join a group of new faces and get in the action. Google “Best Trivia Night [in your city]” to find a Trivia Night near you.

#7 - ALUMNI CLUB EVENTS

One of the best kept secrets to meeting singles are alumni clubs. These club events attract highly educated professional people of all ages. Most events are open to all, so you don’t need to be an alumnus. Pick an event where there is ample mingling like a group hike, a museum tour, a wine tasting, or social mixer.

#8 - SPORTS EVENTS

Pick an event that interests you and attend with an outgoing friend. Even better, join a group that is attending the event. Keep in mind, at most sporting events the male to female ratio is 15:1!



BEST FOR GIVING BACK

#9 - VOLUNTEER FOR A CAUSE

There are so many ways to give back in the Bay Area. Pick one that includes a group activity and you're sure to meet other professional singles.

#10 - CHARITY EVENTS

Giving to a good cause while socializing feels good. You're bound to meet some new people at these events, especially if they have a cocktail hour and a silent auction.



OUT AND ABOUT

#11 - FOOD & WINE EXPERIENCES

Foodie and wine experiences are great ways to meet fellow connoisseurs. You also can grab a solo lunch or dinner at an upscale bar restaurant and strike up a conversation with friendly solo diners.

#12 - ATTEND A SAN FRANCISCO GIANTS OR WARRIORS GAME

Men love attending these games. Meet others at the fun food & beverage stands throughout the stadium.

#13 - JOIN A SOCIAL CLUB

There are so many fun clubs you can join in the Bay Area. You're guaranteed to meet new people. If you're social and want to mingle, join a social club. If you're looking for activities, join a golf, tennis, or sailing club.

#14 - LECTURES/ SPEAKING EVENTS

Singles love to learn and attend speaker events. Check out these [intellectual spots](#).



FROM THE COMFORT OF YOUR HOME

#15 - JOIN SHANNON'S CIRCLE.

There's no fee to join our Circle. If we have a client in mind for you, we'll reach out to explore a complimentary match. We also host events that you are welcome to attend.

Expand Your Circle

[Click here to Join Shannon's Circle](#)



BONUS INSIDER PICKS

ALUMNI GROUPS

Here are some of the most active alumni clubs in the Bay Area. Check their site for upcoming events. Many events are open to non-alumni.

- [Cornell Club of NorCal](#)
- [Harvard Business School Association of Northern California](#)
- [Harvard Club of Silicon Valley](#)
- [Harvard Club of SF](#)
- [MIT Club](#)
- [Penn Club of SF](#)

SOCIAL AND ACTIVITY CLUBS

Joining a club is a social investment — and a guaranteed way to meet new people regularly. Here are a few picks by region.

San Francisco

- **Amador Club** - coed members' club mixing whiskey tastings, wine room, and rooftop mingling. They offer a prospective member tour regularly.
- **The Battery** — high-end private club; art, tech, and luxury scene.
- **Modernist** — exclusive members cocktail lounge with curated events.
- **Shack 15** — chic social club at the Ferry Building. Remote workspace, events, and gorgeous sunset happy hours.

Peninsula:

- **Bay Club Redwood Shores**
 - This upscale fitness and social club offers tennis, pools, gym facilities, and regular social programming.
- **Silicon Valley JCC** in Palo Alto
 - Offers a wide range of cultural events, concerts, fitness programs, and community mixers that attract an intellectual, international crowd. You don't have to be Jewish to join.

East Bay:


- **Claremont Club & Spa, Berkeley** — tennis, spa, mixers

Marin:

- **The Portal** - Chic wellness club in Marin.
- **Marin Yacht Club** — boating events + social mixers
- **Club Evexia** - Fitness, wellness, social events and workspace.



FITNESS + WELLNESS HOTSPOTS

- **November Project SF** — sunrise workouts, no cost, big energy, and a loyal, friendly crew.
 - **Presidio Golf** - this public course in the city attracts singles
 - **SF Triathlon Club** — weekend rides and open-water swims with fitness-driven singles.
 - **Spirit Rock Meditation Center** — daylongs, residential retreats, and mindfulness events in Marin.
 - **Yoga Flow SF** — outdoor sunset yoga on Ocean Beach or rooftop classes.
 - **Urban Diversion** — guided hikes, ski trips, and outdoor adventures designed to help people meet.
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FOODIE + WINE EXPERIENCES

If you love meeting new people over great food and drink, check out these culinary connections.

- [The Progress Chef's Table](#) – communal, multicourse dining where conversation flows.
- [Hog Island Oyster Co.](#) – Marshall oyster shucking classes; social, hands-on, outdoorsy.
- [Verve Wine Events](#) – themed wine + book pairings or “sip and learn” evenings.
- [Cooking Classes at Cavallo Point](#) – learn + mingle in a luxury setting.

VOLUNTEER + GIVING BACK

Want to meet people who care about making an impact? You can't go wrong with these

- [HandsOn Bay Area](#) — sign up for group volunteer projects.
- [SF Food Bank](#) - join other helpful hands to assist with groceries for the needy
- [826 Valencia Gala](#) — helps students with their writing programs
- [Marin Conservation League](#) - nature first volunteer organization with events for members
- [GLIDE Memorial Volunteer Events](#) — community service with heart.
- [SF Film Society Fundraisers](#) — film + art intersecting with philanthropy.

INTELLECTUAL + CULTURAL SPACES

If you enjoy a curious mind and great conversation, these are your playgrounds

- [SFMOMA Member Nights](#) — private member events with wine, art, and an accomplished crowd.
- [The Commonwealth Club](#) — panels on politics, tech, and culture; plus rooftop receptions
- [Book Passages](#) - author events and classes
- [Cal Academy NightLife](#) - science + cocktails after dark, every Thursday.

